



# Post-Workout Chocolate Protein Smoothie

## Serves 1

- 1 banana
- ¼ avocado
- 1 tbsp. almond butter
- 1 tbsp. raw cacao powder
- 2 tbsp. vegan chocolate protein powder
- 1 cup (240ml) almond milk, unsweetened

## What you need to do

1. Place all the ingredients in a blender and blitz until smooth. Serve immediately.



GF DF HP V Q N

Prep	Cook	Kcal	Fats(g)	Carbs(g)	Protein(g)
5 mins	0 mins	401	20	38	24

\*Nutrition per serving